



A message from Manny Bettencourt, Chair, Board of Directors and Beverley John, CEO: *On behalf of the Board of Directors and Management Team, we thank you for the opportunity you provided us to deliver personal support services to you in your homes.*



*We want you to know that we are thinking of you at this special time of year.*

*We are sending you this greeting to wish you all the best and all that life can be! May you experience special moments which become rich memories that linger long after the holidays are over.*



## Nucleus Independent Living's Gifts of Gratitude

We have been touched by the many clients who wish to thank their personal support workers at this special time of the year.

As you may be aware, our policy requires that staff not accept individual gifts from clients at any time.

However, should you wish to donate this season, Nucleus will use your donation for appreciation events, gifts, continuing education, and awards for our personal support workers.

We hope you will choose this opportunity to thank your home team of personal support workers.

A donation in any amount will be gratefully accepted in person or by mail at:

Nucleus Independent Living, 2030 Bristol Circle, Suite 110, Oakville ON L6H 0H2

Please make cheques payable to: **Nucleus Independent Living**

We will be pleased to provide a charitable tax receipt in the mail.



# Employee Recognition Awards 2015

## 30 Years

Nathan

We are pleased to recognize and honour the following employees who achieved significant milestone years of service with our organization.

## 25 Years

Larry  
Kenute

## 20 Years

Shamshun

## 15 Years

Janet  
Sandra  
Derick

 **Congratulations!**  
**Well Done!** 

We appreciate and thank you for your commitment and dedication to our consumers and Nucleus!

## 10 Years

Beverly  
Gloria

## 5 Years

Carol, Walworth, Caroline, Jennifer L, Sunita, Beverly, Aurmillia, Renata C, Sharon, Norma, Rozina, Krystyna, Catherine, Rachel, Shelly-Ann, Sonya, Christine, Malti, Gloria, Kimone, Abbiegaile, Jaswinder, Jane, Sheena, Natalie, Kamesha, Bonnie, Vinnette, Geeta, Lisa, Rita, Lesa, Fredricka, Dian, Barbara, Harmesh, Shirgater, Juliet, Jagdeep, Jennifer H, Patricia, Sandra, Anna, Marta, Gurbax, Renata G, Grace, Luche, Caron, Dean

## Online Health Care Resources for You at This Time of Year:

To locate a Flu Clinic near you:

<http://www.health.gov.on.ca/en/public/programs/publichealth/flu/>

For holiday season non-emergency medical access resources:

<http://www.mississaugahaltonhealthline.ca/libraryContent.aspx?id=21632>



This is a resource for residents of Mississauga, Halton and South Etobicoke, which provides you with up-to-date, reliable information to help you make decisions on your health care needs and makes sure you get the right care in the right place, 365 days a year.

Website: <http://myhealth365.ca/>

The site provides a specialized search engine at <http://www.iamsick.ca/> that helps you locate a doctor, pharmacist, lab, health care options and health care providers that is near your address.



**Be Safe and Healthy This  
Holiday Season!**

### Consumer Advisory Council:

The Consumer Advisory Council meeting took place on December 2<sup>nd</sup> at Nucleus' Head Office, 2030 Bristol Circle in Oakville. The members provided valuable recommendations for information about Nucleus they felt would be useful for new and current consumers. The next meeting will take place in the Spring of 2016. We thank all members for their participation on the Council. If you are interested in joining the Council and are receiving services by Nucleus please contact the Executive Assistant at 905-829-4499, ext. 127.

### We Appreciate Your Feedback

We want to hear from you if you have received exceptional service or if you have comments or suggestions to improve our service delivery. Please email us at [info@nucleusonline.ca](mailto:info@nucleusonline.ca).